

MODELS OF DIVERSITY NEWSLETTER 5

Welcome Guys and Dolls to November issue of the Models of Diversity Newsletter!!

What a productive month October has been!!! For starters I am happy and proud to announce that Sinclair Model Management has signed up moi - Kelly Knox - Winner of Britain's Missing Top Model. I feel very honoured to be part of such a fantastic team, Angel Sinclair and the whole Models of Diversity / Sinclair Management team have the same amount of passion, drive, strength, courage and ambition in their hearts as much as I have and together we are going to do our uttermost best to help break down barriers in the fashion industry.

The fashion world needs to wake up & realise that there needs to be a fair representation for models of colour, plus size, older models, shorter models and models like myself who have 'differences'. Fashion is all about uniqueness and standing out from the crowd!!!! Why should we blend in when we was born to stand out!!!! I am a fighter and success is my only option and I truly believe together we can do this!! I believe confidence is the most beautiful thing, confidence of yourself and confident in what you believe in. It's all about embracing yourself, working with what you have got, not what you haven't got. There is no point in wishing you looked that that person in Vogue, wishing you had her legs, her flat stomach, her smile, you are you and that is beautiful in itself. God made us all differently for a reason, so be proud of what you are because there is no one else like you, you are not repeatable and there is a magic about you that is all your own!!



I am also proud to announce that I am officially the ambassador for Models of Diversity - representing Disabled Models, so if you are a model with a disability or an aspiring model who believes they got what it takes to be a model, please get in touch <http://www.facebook.com/thekellyknox>

I am very excited about this as I feel it is my duty to empower people and to bring inspiration and spread positivity and help people with their dreams and desires. Also I want to be able to help people out there who have disabilities who don't have the same confidence I have, I just want to say hear and now that if there is anybody out there reading this newsletter who feels that they would benefit by talking to me about their feelings, their confidence, their self esteem or anything else that is getting them down, please get in touch. We all deserve to be happy and feel good inside and I'm here to help.

Angel Sinclair, Queen Allen and I made our way to The Black History Festival last month. We had a great day!!! We met some fabulous designers, one that caught my eye was Debonair, the designer herself was fun, quirky, eccentric, funky and gorgeous and her collection matched just that. We hope to use some of her fabulous jewellery in a future photoshoot.

We took this opportunity to talk to people in the street about the Models of Diversity campaign, we found that everybody we spoke to agreed in our ethos and supported us completely.

We spoke to two mothers who were telling us that both of their daughters are constantly 'on a diet' as they were not happy with their body image. These mothers blamed the magazines their daughters read and the unrealistic body images they see in press and TV. They were explaining that their daughters see these images and think in order to be successful and to be beautiful, they have to look in that same way. They carried on telling us that this also affects them mentally and emotionally as they often get down and depressed because they know that they cannot achieve this so called image of perfection. This is the exact reason why Models of Diversity needs to be seen and heard!!!

We were also talking to some young girls and boys who are studying at a local college. One girl was saying that she likes seeing 'skinny' models because she is skinny herself, this just goes to show that even though this girl in particular likes seeing skinny models, its because she can relate to them. She did mention that she likes America's Next Top Model because of Tyra Banks, saying that she is not skinny and is very beautiful and successful and is a good role model because of this. Then she carried on saying she doesn't watch Britain's Next Top Model but did watch the modelling show about 'the girls with disabilities' saying how much she loved that show, how inspiring it was and how beautiful they all were. Angel then said 'You are looking at the winner of that show right here!' The girl went crazy! She keep saying 'Oh my God' and saying 'how jealous her sisters going to be as she was in love with me!' She asked if she could hug me and have an autograph of which of course I kindly gave!!!!

I have a couple of fabulous projects coming up! I am off to Manchester mid November for 3 days to be part of the catwalk as a Gokette on 'How to Look Good Naked', I am very excited to be working alongside the amazing Gok Wan, he is such a kind hearted, lovely person. It is all about what people have inside their hearts. Can't wait to see the clothes I'm going to be wearing! I do know as well that at some point I will be walking down the catwalk in lingerie!!!! Oi Oi!!! believe the show will be aired on TV in January but we will keep you updated on that!!!

Also I'm going to be working with the fabulous and funky Oliver Morris the founder and CEO of Fashionaires, which again I'm all very excited about! Like myself, Oliver believes that modelling isn't just about striking a pose its all about the inner you, a man after my own heart!!!

I just want to finish off in saying a huge thanks to all the members of Models of Diversity for continuing to show your support and love and here is my quote of the month which is about Uniqueness by R. Buckminster Fuller (1895 - 1983), I hope it inspires you.

'Never forget that you are one of a kind. Never forget that if there weren't any need for you in all your uniqueness to be on this earth, you wouldn't be here in the first place. And never forget, no matter how overwhelming life's challenges and problems seem to be, that one person can make a difference in the world. In fact, it is always because of one person that all the changes that matter in the world come about. So be that one person.'

Love and Light, Kelly x

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